

OREGON STATE FRATERNAL ORDER OF EAGLES



# Beak and Quill

~ An Award Winning Bulletin Serving Over 15,000 Oregon Eagles ~

VOLUME XIV, Issue 8  
January 2018

"People  
Helping  
People"

WE MUST LEARN TO  
LIVE TOGETHER AS  
BROTHERS OR  
PERISH TOGETHER  
AS FOOLS.

Happy Martin Luther  
King Jr. Day!



## COMING EVENTS

Int Nite/Hands Mar 2-4 Castle Rock  
Eastern District Apr 13-15 Prineville  
NW District Apr 20-22 Portland 4  
SW District Apr 27-29 Springfield  
Fun-vention May 4-6 Portland 4  
SMP Homecoming May Pendleton 28  
SWP Homecoming May Tillamook  
OR State Conv. Jun 20-24 The Dalles

## TABLE OF CONTENTS

Page 2- State Worthy President's Message  
Page 3- State Madam President's Message  
Page 4- State Membership Messages  
Page 5- Grand Aerie Info  
Page 6- State and Local Information  
Page 7- Misc and Editor's Page  
Page 8- Back Page

# STATE WORTHY PRESIDENT - Carl Wilson



Carl is sick with  
Bacterial  
Pneumonia...

## Aerie State Officers

**John King**– Medford  
JrPast Worthy President  
**Carl Wilson**– N. Lincoln  
Worthy President  
**Toby Brekstad**– Springfield  
Worthy Vice President  
**John Kindgren**– Coquille  
Worthy Chaplain  
**Mikey Ward**– Rainier  
Secretary  
**Dean Johnston**– Portland 4  
Treasurer  
**Steve Wiley**– Woodburn  
Worthy Conductor  
**Jeff Wilson**– The Dalles  
Inside Guard  
**Fran Herber**– Springfield  
Outside Guard  
**Kenner Echols**– N. Lincoln  
Trustee  
**Johnny Jones**– The Dalles  
Trustee  
**RaAnne Green**– Albany  
Trustee





# STATE MADAM PRESIDENT - Sue Cant

Sisters,

I hope everyone's holidays were wonderful. I wish you all a happy new year!

Thank you to the sisters in Albany, Woodburn, and Salem. I had an amazing time at each of these visits. I can't thank you enough for your warm and loving hospitality. I recommend you see the Salem Sisters Christmas Play next year. We had so much fun!

We have the month of January off and will begin our travels again the first weekend of February. Please check the website for my schedule; I will begin at North Portland.

I look forward to seeing everyone at the first District's in April.

Happy New Year!

SMP Sue Cant



## Auxiliary State Officers

**Ray Nora Piatt**– Grants Pass  
Jr Past Madam President

**Sue Cant**– Pendleton  
Madam President

**“Rusty” Hankin**– Portland 4  
Madam Vice President

**Cheryl Davis**– Coos Bay  
Madam Chaplain

**Lynne King**– Medford  
Madam Secretary

**Jenny Bentler-Page**– Albany  
Madam Treasurer

**Christine Pfau**– N. Portland  
Madam Conductor

**Schawna Sachs**– Pendleton  
Madam Inside Guard

**Irene Boots**– Springfield  
Madam Outside Guard

**Peggy Aeh**– E. Portland  
Trustee

**Candy Wilson**– The Dalles  
Trustee

**Karen Sanders**– Rainier  
Trustee





# MEMBERSHIP DIRECTORS

Dear Brothers,

Here's the good news, we are maintaining our monthly membership goal of 142 new members and re-enrolls. By keeping this pace up, we will reach a net gain by the end of the Eagle year. YEAH!! Thank you, for all your hard work and dedication. But the job is not done. Please, let's all work hard over the next five months to achieve a net gain and maybe even 2 percent.

Fraternally,  
Greg O  
Membership  
Chairman



Greg Jones  
Aerie  
2017-18



Katie Kindgren  
Auxiliary  
2017-18



No Response  
again...





## American Diabetes Association Supports FOEDRC Researchers

Three researchers from the FOEDRC received new grants from the American Diabetes Association for groundbreaking research. The ability of our members to receive these competitive awards is truly remarkable and underscores the quality and rigor of the research that is being conducted in the FOEDRC. There are few institutions that received multiple awards in this current round of ADA funding. The awards to Drs. Ling Yang, Rajan Sah and Adam Rauckhorst are summarized below.

**Ling Yang, Ph.D.**, Assistant Professor of Anatomy and Cell Biology and member of the Fraternal Order of Eagles Diabetes Research Center was recently awarded a Research Grant from the American Diabetes Association (ADA). The project entitled: *Mechanisms underlying nitrosylation-mediated dysregulation of hepatic autophagy in obesity* will be supported by the \$345,000 award over the next three years. Dr. Yang's laboratory made the observation that a fundamental cellular process known as autophagy is dysregulated in the livers of animals with obesity and insulin resistance. Autophagy is a process by which cells recycle damaged structures and organelles and if this process is perturbed, then tissue damage is increased. Of note, the discovery of autophagy by Yoshinori Ohsumi from the Tokyo Institute of Technology, earned him the Nobel Prize in Medicine in 2016. Specifically, Dr. Yang has discovered that an enzyme known as inducible nitric oxide synthase is activated in obesity and insulin resistant states leading to overproduction of nitric oxide, which damages proteins involved in autophagy by increasing their incorporation of a nitric oxide derivative known as S-nitrosylation. Dr. Yang will study if increasing the activity of enzyme S-nitrosoglutathione reductase (GSNOR) which removes these nitric oxide modifications on autophagy proteins, will lead to improvement of insulin resistance and prevent other complications of diabetes such as fatty liver disease.

**Rajan Sah, M.D., Ph.D.**, Assistant Professor of Internal Medicine (Cardiology) and member of the Fraternal Order of Eagles Diabetes Research Center was recently awarded a Research Grant from the American Diabetes Association (ADA). The project entitled: *SWELL1 regulation of  $\beta$ -cell excitability and insulin secretion* will be supported by the \$345,000 award over the next three years. Dr. Sah's laboratory discovered that a protein *SWELL1* regulates the electrical activity on the surface membranes of pancreatic beta cells that is critical for insulin release. The studies will test the hypothesis that *SWELL1*-mediates a swell-activated excitatory chloride current that potentiates insulin release in response to physiological changes in extracellular glucose. Dr. Sah will conduct studies in cultured pancreatic beta cells and in mice in which the levels of *SWELL1* in beta cells are manipulated. These studies of *SWELL1* may provide a new pharmacological



Continued from Page 5...

target for the treatment of diabetes, by complementing other groups of drugs such as sulfonylurea receptor inhibitors such as glipizide or glyburide, which are currently used in clinical practice.

**Adam Rauckhorst, Ph.D.**, a postdoctoral research fellow in the laboratory of Dr. **Eric Taylor** in the Fraternal Order of Eagles Diabetes Research Center was recently awarded a postdoctoral research fellowship from the American Diabetes Association. The project entitled: *Regulation of hepatic glucose metabolism by a candidate mitochondrial glutamine carrier*, will be supported for the next three years by the \$179,722 award. Postdoctoral fellowships provide essential salary support for trainees, relieving the laboratory's resources to support the cost of experiments. Dr. Rauckhorst's project examines the regulation of glucose production by the liver, which is increased in diabetes and contributes to hyperglycemia. Specifically, Dr. Rauckhorst and Taylor discovered a mitochondrial protein, which may specifically transport the metabolic intermediate glutamine. Liver cells in which levels of this protein is reduced, may have lower rates of liver glucose production. As such these studies may identify a new pathway by which excessive liver production of glucose could be modified by therapeutic agents or drugs that reduce the activity of this putative glutamine transporter. Congratulations to Dr. Yang and Dr. ~~Sah~~ for these outstanding achievements. Kudos to Dr. Taylor for his mentorship and congratulations to Adam for this tremendous recognition.

◇◇◇ The Dallas Eagles Auxiliary # 2236 ◇◇◇



9 Ball = January 14, 2018

Jack -n- Jill = January 21, 2018

- \* Sign Up beginning @ 10am \*
- \* Tourneys begin @ NOON \*

Lunch will be available \* \$10.00 entry fee per shooter \*  
\* Cash Prizes for 1st, 2nd & 3rd place \*



McDermott Pro  
Pool Cue Kit  
Raffle!

Recliner Raffle!

◇◇◇ The Dallas Eagles Auxiliary # 2236 ◇◇◇

Medford Eagles • Medford Eagles • Medford Eagles  
**ALSIMDA FUN GAMES AND DINNER**

**JANUARY 27th**

**FUN AND GAMES BEGIN AT 2:00 - 5:30 PM**

**HORSE RACES - PLANT SALES**

**GRAB BAGS - CAKE SALES**

**RAFFLE DRAWING**

**REMEMBER ALL PROCEEDS STAY IN THE VALLEY**

**DINNER 6:00 - 7:00**

**TICKETS ON SALE AT BAR NOW**

**PRIME RIB \$15.00**

Served with baked potatoes, carrots, salad, roll and coffee

**CHICKEN W/RICE PILAF \$12.00**

Served with carrots, salad, roll and coffee

**AUCTION 7:00 PM**



Medford Eagles • Medford Eagles • Medford Eagles



## **East Portland #3256 Food Drive**

Records were broken for 2017 by members, bingo players, and Cookie Parker DJ Events with a total of **4666.5 pounds of food**, which amounts to **3654 meals**. This was from Jan—Dec. This is a fantastic contribution for ones in need! A Big Thank You!!!

Food Bank Chairman  
Maggie Boaz

**Karen Sanders new address is: 6827 SW Fleet Ave,  
Lincoln City, OR 97367. Her email and phone are the same.**

The **Beak and Quill** welcomes letters to the Editor.

To be considered for publication, letters must be signed and include a current address and daytime telephone number to be used for verification purposes only. No letter will be considered without a signature. The **Beak and Quill** does not publish anonymous letters. Your name will be put with editorial articles unless otherwise requested and at the discretion of the editor.

Letters that are, in the view of the editor, potentially libelous or inflammatory will not be considered for publication.

Due to space limitations, it is requested that letters be no more than 200 words long or about 1 double spaced page if typed. All letters are subject to editing.

A writer is limited to one letter per month in order to allow everyone an opportunity to have their letters published, at the discretion of the Editor.

Letters are considered on a first come, first serve basis. The deadline for letters submission is 5:00 p.m. on the 10th day of each month. If the 10th falls on a Sunday or a holiday, the next business day will be the deadline day.

Letters should be addressed to : Anthony Rizzi  
PO Box 432  
The Dalles, OR 97058

Or can be E-mailed to:

**beakandquill@gmail.com**

Page 7



**Beak & Quill**

— *Alis Volat Propius* —  
"She Flies With Her Own Wings"

Submission  
Deadline is the  
10th of the  
previous  
month!

***Oregon State  
Fraternal Order of Eagles***

**Editor: Anthony Rizzi  
PO Box 432  
The Dalles, OR 97058  
Ph: 541-980-4515**

***WE'RE ON THE WEB:***

**Facebook—Oregon State Eagles  
<http://www.oregonfoe.com>  
Email: [beakandquill@gmail.com](mailto:beakandquill@gmail.com)**

***WE ARE:***

***“People Helping People”***

**Return Service Requested**